

May 2018

NEWSLETTER

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Titans' Times



**Terry Fox
Elementary School**

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May has arrived and so has some warmer weather. It is a very busy month at Terry Fox. Check out the calendar for many special events.

EQAO testing will occur this month for students in grades 3 and 6. It is very important that students arrive to school on time.

We would appreciate everyone's support with making end-of-day arrangements with your child(ren) before they arrive at school. It is disruptive to the learning environment when we need to call into classes to pass on messages or make changes to pick up times.

Important Dates for May

- May 2 – Junior Boys Basketball ZONE @ Terry Fox
- May 3 – Grades 1 and 2 to Tiffin Center all day
- May 4th – Movie Day for Patrollers
- May 9 & 10 – Art Show
- May 10 – Grade 7 and 8's to Toronto
- May 15 – Track and Field
- May 16 – Track and Field Rain Date
- May 18 – P.A. Day
- May 21 – Victoria Day (no school)
- May 23, 24, 25, 28, 29, 30 – EQAO
- May 24 – Grade 4 Trip to MacLaren Art Center and Barrie Public Library
- May 25 – Kindergarten Spring Tea 1:30 p.m
- May 30 – **PINK SHIRT DAY**
- May 30 – Grade 5 Trip to Springwater
- May 31 – Grade 5 Trip to Springwater

Art Show



The 13th annual *Terry Fox Spring Art Show and Sale* is quickly approaching. This is a truly amazing opportunity to browse our students' artistic expression and creativity in an art gallery format. Our students have worked very hard to showcase their artwork for your viewing. We would be honoured to have you attend. The dates and times are as follows:

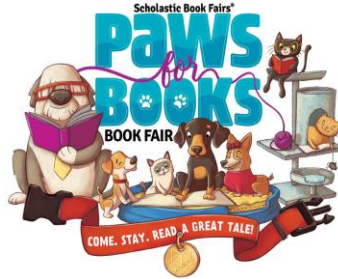
Wednesday, May 9th from 3:15 p.m. to 5:30 p.m.
Thursday, May 10th from 3:15 p.m. to 5:00 p.m.

Artwork made by every single student in our school will be proudly displayed in the gym. Please remember that all artwork must be pre-purchased to make sure that someone does not buy your child's work. Art is \$6.00 a piece. Proceeds from this event go towards special productions and art supplies. Students who buy their art between Thursday, April 26th to Friday, May 4th will have the opportunity to have their name drawn to win a prize! We're looking forward to seeing many of you there!

Fundraising Partnership with Bradford Greenhouses Garden Gallery

Terry Fox is pleased to announce our fundraising program through Bradford Greenhouses Garden Gallery. From April 14th to October 14th if you purchase anything at Bradford Greenhouses please notify the cashier prior to inputting the sale that you are from Terry Fox. Their computer system will keep track of all the sales and a percentage of the value of the sales will be issued to Terry Fox. Please help us to support this awesome fundraiser as you plan your outdoor spaces this Spring and Summer!





Our Annual Spring Book Fair is coming to Terry Fox, May 9th to the 11th! During the Art Show, students will also have the chance to come up to the library and sniff out a new book or two at the "Paws for Books" event. Our hours are as follows:

Wednesday, May 9th from 9:00 a.m. to 6:00 p.m.

Thursday, May 10th from 9:00 a.m. to 5:30 p.m.

Friday, May 11th from 9:00 a.m. to 12:00 p.m.

We've got something for everyone so be sure to check out the awesome titles we have in store for you. Your support helps to put new books on our shelves and into the "paws" of our students so...

"Come, Stay, Read a Great Tale!"

Mental Health Week May 7th - 13th

Parents are learning that to raise healthy children in the 21st century means more than just teaching them to eat their vegetables or look both ways before crossing the street. Being healthy is all about balance. A balance of home and school to include healthy eating, daily physical activity and relaxation to promote healthy minds and bodies.

A popular new term in child rearing is self-regulation, a strategy by which children are taught to control and guide their own thoughts, behaviors, and feelings. Many wellness-inclined adults see an obvious parallel to an idea they've been practicing for years: mindfulness.

Thank you to those Titan Families who came out for our Community Wellness Workshop on April 18th. Lyndsey Stefenato spoke to approximately 50 Terry Fox Families about strategies that support wellness at home. Break-out groups were led by Liason Office Jackie, Andrea Cashin, Public Health Nurse Linda, Principal of Equity, Diversity and Inclusion as well as the Principal of Mental Health and Well-Being. Thank you to the School Council for their work organizing and applying for grant money to purchase items for the take-home Wellness Swag Bags.

Mental Health Week this year is recognized May 7th - 13th. Please take a moment to talk to your child about the importance of having balance in your life and we thank you for your ongoing support!

COMING THIS FALL!!!!

An exciting new initiative for grade 6 students is about to begin at Terry Fox in September!

We are so pleased to announce that GO GIRLS and GAME ON will be delivered by Big Brothers and Big Sisters for the entire school year! The programs aim to enhance healthy lifestyles, promote self-esteem and build positive peer interaction skills. Each student in grade 6 will have a turn to benefit from a small weekly group, delivered by a trained, approved leader from the Big Brothers and Big Sisters local organization. This free 7- week program consists of seven 90-minute sessions that run over Nutrition Breaks and during a small amount of class time. Students will be paired up with a class buddy to ensure they receive any work that they might have missed.

Register now for Before & After School Programs for September 2018

Register now for child care at our school next school year. Your child's space in the program for September 2018 will be considered a priority if completed registration forms have been submitted to the child care operator by **June 30, 2018**. Please contact The YMCA at 705-725-6421 ext. 250 to register your children.

Summer child care options available

The Simcoe County District School Board (SCDSB) supports your child care needs by offering full-day child care programs in select schools across Simcoe County. Twenty schools offer child care programs for children from Junior Kindergarten age to 12 years old. Registration in advance is required. Please contact the child care operator directly to register. More information can be found on our website at www.scdsb.on.ca – click on 'Schools' then 'Before & After School Care.'

Ontario schools celebrate Education Week from May 7 to 11

Each year during the first week of May, schools across Ontario celebrate Education Week. It's a great way to recognize the amazing things happening in our schools. This year's theme is *Equity in Action*. To promote the great strides made in valuing equity, diversity and inclusiveness, Terry Fox's Art Shoe is on during Education Week, the grade 7&8 classes are going to Toronto on the 10th and Mrs. McLeod is taking a small group of students to the Race and Racism-Igniting Student Voice Conference on the 11th

Follow and share Education Week *Equity in Action* activities on Twitter using #EdWeekON2018.

Parents invited to information session about special education on May 16

The Simcoe County District School Board is hosting a series of information sessions for parents/guardians to learn about special education and how to support students with special education needs. The last session takes place this month:

Date: May 16

Time: 6 to 7 p.m.

Location: SCDSB Education Centre, 1170 Highway 26, Midhurst

Topic: Understanding Alternative/Non-Academic Individual Education Plan (IEP) Goals

No registration is required. You can also join this session from home via Google Meet using this link: meet.google.com/zfg-egau-wgp. Those joining via Google Meet will need to 'mute' while watching the session to avoid audio feedback. Parents are welcome to type in questions using the chat option in Google Meet during the event.

Simcoe Muskoka Skilled Trades Expo takes place May 17

The Simcoe County District School Board's Ontario Youth Apprenticeship Program (OYAP) and partners are hosting the Simcoe Muskoka Skilled Trades Exposition on May 17. There are two parts to the event – a day session for Grade 8 students only and an evening portion open to the public. From 5 to 7 p.m., the public is welcome to attend to speak to employers and industry experts. The Expo takes place at the Elmvale Community Arena, located at 14 George St. in Elmvale. For more information, email edo@simcoe.ca.

Applications open for 2018-19 Parents Reaching Out (PRO) Grants

Parents/guardians play a vital role in public education, and Ontario's Parents Reaching Out (PRO) Grants are designed to encourage parents'/guardians' involvement in their children's education to support student achievement and well-being. The 2018-19 PRO grant process has been announced and an online application is now available. PRO grants are provided to select applicants who develop projects, events or training in support of parent/guardian engagement. Applications are due by June 5. Find out more: www.edu.gov.on.ca/eng/parents/.

Information provided by the Simcoe Muskoka District Health Unit:

Stay safe in the sun

It only takes one bad sunburn in childhood to increase the risk of developing skin cancer later in life. As the weather gets warmer, follow these sun safety tips to keep you and your family safe:

- use a broad spectrum sunscreen with SPF 15 or higher and SPF 15 lip balm
- apply sunscreen 20-30 minutes before going outside (even on cloudy days) and always follow the label instructions

- apply sunscreen to any exposed areas of skin – nose, ears, back of neck, tops of feet, etc.
- reapply sunscreen every 2-3 hours and after sweating or swimming
- wear loose, long sleeved shirts and pants, a large-brimmed hat and sunglasses
- if possible, avoid being in the sun between 11 a.m. and 4 p.m.
- when you're outside, look for shade

For more sun safety tips, visit www.simcoemuskokahealth.org or call Health Connection at 705-721-7520 or 1-877-721-7520 to speak with a public health nurse.

Information provided by the Simcoe Muskoka District Health Unit

Information provided by the YMCA of Simcoe/Muskoka:

Summer camp can be a life-changing experience

According to a recent study from the University of Waterloo, the positive development that children and youth experience at summer camp results in sustained behavioural changes at home, school and in the community. Friendships blossom, self-confidence emerges and independence grows – helping children and teens build resilience to help them face new challenges throughout their lives. Here are four life skills fostered at summer camp:

- **Increased independence and self-confidence** – Camp is the perfect place for kids to practice making decisions for themselves without parents and teachers guiding their every move.
- **Making new friends and being part of a positive group** – Free from the social expectations pressuring them at school, camp encourages kids to relax and make friends easily.
- **Increased environmental awareness** – When children are connected to their environment, they are healthier and happier. Summer camp provides kids with the opportunity to “unplug” from technology and enrich their perception of the world, while enjoying the great outdoors.
- **Improved attitudes towards physical activity** – Children spend so much time indoors these days and mostly sitting down. A recent Statistics Canada study found that only seven per cent of youth aged six to 19 got the recommended hour a day of exercise they need. Summer camp is a great way for kids to get outside and move.

The benefits of camp are plenty – from life lessons beyond the classroom to appreciating nature and building confidence and leadership skills. Learn more about the YMCA of Simcoe/Muskoka camps at YMCASummerCamp.Ca.