

# April 2017 NEWSLETTER

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Principal

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## Titans' Times



**Terry Fox  
Elementary School**

Safe Arrival # 705-727-4267 press 1

Twitter: @VP\_Terry\_Fox or @TFTitans

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## From the Office...

*April showers....let's hope for plenty of May flowers! We have many exciting opportunities happening at the school this month for students and their families. There are field trips, guest speakers, sports, Family Math night and other special events. Be sure to read the entire newsletter for more information.*

*At this time of year, it is suggested that students bring an extra pair of socks and wear appropriate footwear for the weather.*

*One of my favourite things about the month of April is the beginning of baseball season. Join us in supporting the Toronto Blue Jays for their home opener on Tuesday, April 11<sup>th</sup>. Wear your Blue Jays gear and/or blue clothing. Go Jays!*

## IMPORTANT DATES

April 5 – School Council meeting at 7 p.m.  
April 11 – Blue Jays spirit day  
April 12 – International Day of Pink  
April 21 – Dance-a-thon  
April 26 – Pink Shirt Day  
April 27 – Community Math Playground Night  
(6pm – 7:30pm)  
April 28 – Ties, Bowties and Tutus Day  
April 28 – Talent Show  
April 28 – Grade 7 & 8 immunizations



## Is your child turning four this year?

It's time to register for Kindergarten. Our school is now registering children for kindergarten for the 2017-18 school year. Required registration documents include birthdate documentation, proof of address and record of immunization.

Visit [www.scdsb.on.ca/kindergarten](http://www.scdsb.on.ca/kindergarten) for more information



## School Council Corner

School Council is a group of parent/guardian volunteers whose focus is to support the school and its community through fundraising events, and activities. Some of our ongoing efforts include Eat Well to Excel, pizza lunches and the milk program.

Thank you to everyone who was able to support our fundraiser with Hewitt Farms. The Metro Green Apple grant supported our veggies in the classroom during the month of March to recognize Nutrition Month.

### SAVE the DATES!

- The Dance-a-thon is coming up on April 21<sup>st</sup>. Look for pledge forms coming home soon!
- The school council is also supporting Family Math Playground night on April 27<sup>th</sup> (6pm – 7:30pm)
- In May the Spring into Wellness event will take place on May 17<sup>th</sup> from 5pm – 7pm.
- We are always looking for new volunteers and all parents are always welcome at our meetings.

The next School Council meeting is May 25<sup>th</sup> at 7pm in the library. Contact us at [councilcharter@scdsb.on.ca](mailto:councilcharter@scdsb.on.ca)

**International Day of Pink:** Wednesday, April 12th is International Day of Pink. This day celebrates diversity and promotes standing up to bullying. It is a day of action which started in Nova Scotia when two straight high school students saw that a gay student wearing a pink shirt was bullied. The two students intervened, but wanted to do more. They purchased pink shirts and within a few days got everyone at school wearing pink, standing in solidarity for diversity and standing up against discrimination, gender-based bullying and homophobia. We will be celebrating this day at Terry Fox by raising the flag at the Integrity & Optimism assemblies, reading morning announcements and painting the front foyer pink.

## Art Show & Sale 2017

We are hosting our twelfth annual Art Show and Sale. It is scheduled for Wednesday, May 10<sup>th</sup> and Thursday, May 11<sup>th</sup>. On Wednesday the Art Show and Sale is scheduled from 3:15 to 5:30 p.m.; on Thursday from 3:15 to 5:00 p.m. The Art Show and Sale is truly amazing and it is your opportunity to browse our students' artistic expression and creativeness in an art gallery format. Our students have worked very hard to showcase their artwork for your viewing. We would be honoured to have you attend.

**Pre-purchase order forms will be sent home two weeks before the show. If you wish to pre-purchase your child's artwork, please remember to fill out the form, send it in with \$5.00 and we will put a SOLD ticket on it so no one else can purchase it.**

The Art Show & Sale is a great fundraiser for Terry Fox students because all proceeds go directly to the students' Art program. We are able to purchase specialized art supplies that are not typically available at school and, this year, we are sponsoring a special performance for the entire school in May. The TORQ Percussion Quartet will perform "Everything AND the Kitchen Sink!"

The Art Committee is looking for donations that can be used as incentives for students to return their pre-order forms. If you have any questions about the Art Show & Sale, please contact a member of the Art Show Committee: Julie Does, Sharon Harrison, Sheri Harper, Charlotte Damen.



## **Students invited to share their work for Mental Health Awareness Week**

In celebration of Mental Health Awareness Week (May 1 to 7), the SCDSB invites submissions from students or classes about the importance of well-being. Student work will be incorporated in a gallery of work that will be displayed at the SCDSB Education Centre during Mental Health Awareness Week. Submissions can be in the form of art, music, technology, literature and/or multi-media presentations. Entries must be received before April 14 at [bit.ly/SCDSBwellbeing](http://bit.ly/SCDSBwellbeing).

## **Vaccination reminder for parents of Grade 1 students**

All students must have an up-to-date immunization record on file at the health unit. Since starting Kindergarten, your child may have received new immunizations. If so, you must send their updated immunization records to the Simcoe Muskoka District Health Unit for:

- Tetanus, Diphtheria, Pertussis, and Polio
- Measles, Mumps, and Rubella
- Meningococcal disease
- Two-doses of a Chickenpox (Varicella) containing vaccine

If your child will not be getting these vaccines, you will need to give the health unit a valid medical exemption or affidavit. To complete either of these forms, you can call the health unit. Your child could be temporarily suspended from school if the health unit does not have an up-to-date record on file.

Follow these steps to help protect everyone in your school community:

- Check your child's yellow immunization card
- Contact your health care provider to get a record or to get missing vaccines
- Share the complete record with the health unit at [www.smdhu.org/immsonline](http://www.smdhu.org/immsonline) or fax the record to the health unit at 705-726-3962

For more information, visit the Simcoe Muskoka District Health Unit's website at: [www.simcoemuskokahealth.org](http://www.simcoemuskokahealth.org).

## **Five ways to make family fitness fun**

Fitness and Fun. Two words many families just aren't getting enough of. Health Canada recommends adults should accumulate at least 150 minutes of moderate to vigorous physical activity per week, and children/teens require 60 minutes of physical activity every day. Getting our daily dose of exercise not only helps to prevent health risks, it builds strong muscles and bones, develops positive body image and supports mental health. Here are some great tips to making family fitness fun for everyone:

- Plan ahead - it's hard to have fun when you're rushed or overwhelmed. Schedule family time in your calendar and treat it like any other appointment you need to be prepared for.
- Put family first - make the focus of family fitness about family time. Use this time to connect with one another, share stories, discuss interests, check in on the day or just make each other laugh.
- Take turns - to ensure that family fitness stays fun for everyone, take turns choosing the activity.
- Bring on the music - adding a soundtrack to your favourite work out is a great way to turn up the fun.
- End on a high note - follow your fit-time with activities your family loves to help make the habit fun for all. Plan a movie night at home after attending a fitness class together, or make it a tradition to share a healthy treat after your heart-pumping fun.

Information provided by the YMCA of Simcoe/Muskoka ([www.ymcaofsimcoemuskoka.ca](http://www.ymcaofsimcoemuskoka.ca))

### **Parent workshops to help understand Individual Education Plans**

The Simcoe County District School Board's Special Education Advisory Committee and Special Education Department are offering informational workshops for parents/guardians to enhance collaboration between parents and schools in the development of a student Individual Education Plan (IEP). These workshops are free to attend and open to all interested parents/guardians. In the Barrie area, the workshop will take place from 6:30 to 8 p.m. on April 12<sup>th</sup> at Bear Creek Secondary School located at 100 Red Oak Drive.

### **Events at Eastview Secondary School in April open to all parents**

On April 10 at 7 p.m., Eastview Secondary School will host a screening of the film *Screenagers*, a study of growing up in the digital age. Physician and filmmaker Delaney Ruston created *Screenagers* to probe into the vulnerable corners of family life to explore struggles over social media, video games, academics and internet addiction. This presentation will help parents learn how tech time impacts kids' development and offers solutions on how adults can empower kids to best navigate the digital world.

On April 12 at 7 p.m., the school welcomes financial literacy expert Robin Taub, the author of the best-seller, *A Parent's Guide to Raising Money-Smart Kids*. Her presentation will cover why it's important to teach kids about money, as well as the challenge of being a good financial role model. She will explain how to address money-related topics with young kids, pre-teens, teenagers and emerging adults.

All parents/guardians are welcome to attend the above events. For more information, please contact Eastview Secondary School at 705-728-1321. The school is located at 421 Grove St. E. in Barrie.

### **Moving to Find Balance: Free Parent Forum on April 25 offered by Seasons Centre**

Seasons Centre for Grieving Children is presenting an educational forum for parents called *Moving to Find Balance: Resilient Children and Youth Connecting Physical Activity to Mental Health*. This event, free for all parents, will explore how you can incorporate more activity in your own life, how you can encourage children to get moving and how to access family-friendly local resources that are low or no cost. The event takes place on April 25 from 6 to 9 p.m. at Liberty North Events Facility (100 Caplan Ave. in Barrie). The evening forum is free to attend, but you must register. For details, visit <http://www.grievingchildren.com/events/signature-events/>.

### **Summer childcare available at select SCDSB schools**

In partnership with community child care operators, we are pleased to support your child care needs, offering full-day child care programs for children (aged JK to 12 years) in select schools across Simcoe County this summer. Registration in advance is required. Please contact the child care operator directly to register. A fee subsidy may be available to families who qualify. For the full listing of childcare centres in the SCDSB, visit [www.scdsb.on.ca](http://www.scdsb.on.ca) and click on 'Schools' and then 'Before & After School Care.'



# Terry Fox Elementary School

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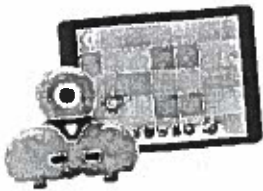


## COME AND PLAY IN THE

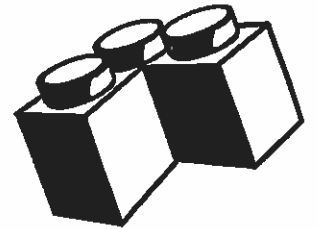
# Terry Fox Family Math Playground

## Thursday, April 27th

### From 6:00 - 7:30

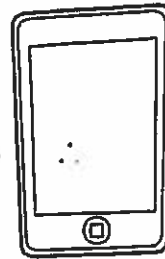


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## ...and so much more!



**BRADFORD GREENHOUSES GARDEN GALLERY**

**Fundraising program 2017!**

Just say "TERRY FOX ELEMENTARY SCHOOL" to the cashier at time of purchase and the school will receive 5% of the value! From April 17 - October 15, 2017. Barrie and Bradford locations only.

Last year we earned \$340.29 in gift cards. Thank you Titans!



# LD @home

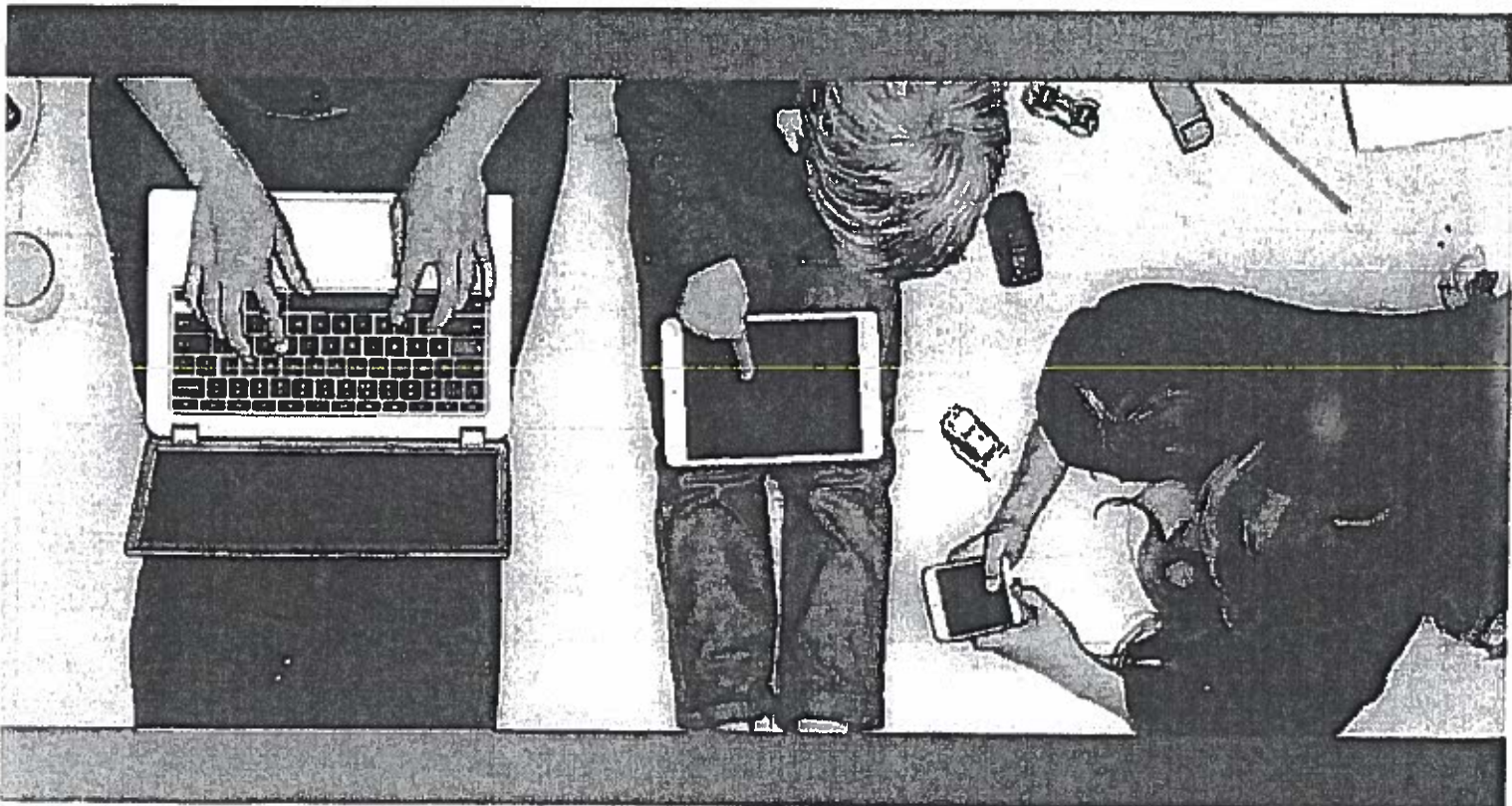
## NEW WEBSITE with FREE RESOURCES

for parents, students and families dealing with LDs.

LD@home knows that living with LDs can have it's challenges, but here you'll find support from experts and our team, as well as inspirational stories to help guide you on your journey.

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[www.LDatHome.ca](http://www.LDatHome.ca)

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